



**Lake Park
Wrestling**
presents

Senior Night

January 27th, 2006

Honoring the



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Congratulations to the Class of 2006!

Antonio DeSario
Mitch Ibarra
Lou Madon
Anthony Miserendino
Mike Ricciardi
Nat Servino
Darven Shaw
Mike Virgilio



Mike Ricciardi Not Pictured



Antonio DeSario

103 lbs.

Parents: Joe and Angela

CAREER RECORD 94-35

2002-03

Freshman Record: 15-4
JV Record: 0-0
Varsity Record: 3-2
Regional Finish: 4th
Most Dedicated Freshman

2004-05

Varsity Record: 26-11
U8 Conference 2nd
Regional Finish: 1st
Sectional Finish: 4th
All Academic All Conference

2003-04

Varsity Record: 20-14
All Academic/All Conference
U8 Conference: 5th
Regional Finish: 3rd
Sectional Qualifier
Most Improved

2005-06 YTD

Varsity Record: 30-4
Team Captain
All Academic All Conference
Conference Finish: 2nd



Mitch Ibarra

215 lbs.

Parents: Junior and Donna

CAREER RECORD 124-20

2002-03

Freshman Record: 28-6
JV: Conference Champ
Frosh/Soph State Qualifier

2004-05

Varsity Record: 37-5
Conference Finish: 3rd
Regional Finish: 1st
Sectional Finish: 4th

2003-04

Frosh/Soph Record: 30-4
Frosh/Soph State Finish: 4th
JV Conference Champ
Varsity Record: 6-1

2005-06 YTD

Varsity Record: 23-4
Conference Finish: 2nd



Lou Madon

171 lbs.

Parents: John and Rhonda

CAREER RECORD 90-32

2002-03

Freshman Record: 19-3
Most Outstanding Freshman
JV Record: 1-0

2003-04

Varsity Record: 18-17
Regional Finish: 4th

2004-05

Varsity Record: 23-16
U8 Conference Finish: 3rd
Regional Finish: 1st
Sectional Finish: 4th
State Tournament Qualifier
Most Improved

2005-06 YTD

Varsity Record: 29-6
Team Captain
Conference Finish: 2nd



Anthony Miserendino

140 lbs.

Parents: Joe and Linda

CAREER RECORD 108-36

2002-03

Freshman Record: 15-6
Most Improved Freshman
JV Record: 7-2
Varsity Record: 2-1

2003-04

JV Record: 26-3
Varsity Record: 3-7
U8 Conference Finish: 5th
Regional Finish: 4th
Frosh/Soph State Qualifier

2004-05

Varsity Record: 24-13
U8 Conference Finish: 2nd
Regional Finish: 1st
Sectional Finish: 4th
Most Improved

2005-06 YTD

Varsity Record: 31-4
Team Captain
Conference Finish: 2nd



Mike Ricciardi

125 lbs.

Parents: John and Susan

CAREER RECORD 27-26

2002-03

Freshman Record: 8-10
JV Record: 5-3

2004-05

JV Record: 14-3
JV Conference Finish: 1st

2003-04

JV Record: 12-10
Varsity Record: 1-0
JV Conference Finish: 3rd

2005-06 YTD

Varsity Record: 0-0



Nat Servino

189 lbs.

Father: Nat

CAREER RECORD 11-13

2002-03

Freshman Record: 2-4
JV Record: 0-2

2004-05

JV Record: 6-2
JV Conference Finish: 1st

2003-04

JV Record: 1-4
JV Conference Finish: 2nd

2005-06 YTD

JV Record: 2-1



Darven Shaw

152 lbs.

Mother: Jessica

CAREER RECORD 71-42

2002-03

Freshman Record: 11-8
JV Record: 4-1

2004-05

Varsity Record: 14-18
Regional Finish: 4th

2003-04

JV Record: 20-7
JV U8 Conference: 2nd
Varsity Record: 0-1
JV Most Improved

2005-06 YTD

Varsity Record: **16-5**



Mike Virgilio

130 lbs.

Parents: Nick and Donna

CAREER RECORD 68-40

2002-03

Freshman Record: 8-10

JV Record: 1-2

Varsity Record: 3-2

2004-05

Varsity Record: 24-13

Conference Finish: 3rd

Regional Finish: 3rd

Sectional Qualifier

Iron Man Award Winner

All Academic/All Conference

2003-04

Varsity Record: 11-21

Regional Finish: 4th

All Academic/All Conference

2005-06 YTD

Varsity Record: 19-7

Team Captain

U8 Conference Finish: 2nd

Words of Wisdom From Members of the Class of 2006

Antonio DeSario

Antonio would like to say to the younger teammates "Don't give up and quit or you will regret it the rest of your life." To everyone he would like to say, "Wrestling has taught me discipline and given me pride in my performance."

Mitch Ibarra

Mitch would like to advise the younger wrestlers, "Don't give up and keep pushing yourself to your full potential. You can do anything you put your mind to and wrestling is a great sport to test yourself to see what you are made of." Mitch said, "Wrestling has helped me not only physically, but also mentally because it has taught me to push myself to the next level and strive to meet my current goals and those in the future."

Lou Madon

Lou remembers that Coach Raymond told him, "Anyone can be anybody on any day so get your mind set, take the tools you have, and make it happen for you." Lou says, "Wrestling has given a lot to me. It has given me character and has given me pride in my performance." Lou would like to tell the younger wrestlers, "Keep your head up all the time."

Anthony Miserendino

Coach Raymond told Anthony, "Tired is just a feeling." "Those words made me push myself knowing that being tired is something I can get beyond." Anthony would like to pass on his wisdom of keeping your head up - in wrestling and in life. "Keeping your head up when times are tough will make you a better wrestler and a better person."

Mike Ricciardi

Mike remembers when Coach Raymond would yell, "Overtime!" "I love those words because you know in one move the match is over and it is up to you to take the shot to win." Mike said, "Wrestling has proven to me that I can be put through the toughest physical and mental pressure and can still come out on top. It has shown me that nothing can stop me, no matter how broken down or beat up I may get."

Nat Servino

Coach Weeks has told Nat, "Wrestling is not all about going out on the mat and fighting someone. It's about having dedication, commitment, pride, and heart for yourself and your team." Nat would like to tell the younger wrestlers, "Always try the hardest you possibly can."

Darven Shaw

Darven says, "I don't like my signature move, the nearside cradle, I love it! I love it almost more than food!" "Wrestling has meant so much to me. My other sports use teamwork, but wrestling is individual, and the most competitive sport in the world! Not everyone can wrestle, you have to be tough." Darven would like to tell other wrestlers, "Work hard to get better and to be ready for the next level."

Mike Virgilio

Mike remembers when Coach Raymond told him, "Have a strong belief and confidence in yourself and you'll win when you wrestle." He also told me to "relax out there and be less tense and use your athletic skill". Mike would like to pass on to the younger wrestlers to have a "never quit" attitude and the belief that you can and will win on the mat. Also he says, "Go the extra mile to out perform your opponents by training harder and practicing like a champion. And go to summer wrestling camps to improve your skills." "Wrestling has been a great life experience. It has affected the way I complete tasks in my life. It has taught me moral values, discipline, mental toughness, to never give up, and learn from your past mistakes and failures. Wrestling at Lake Park has given me a second family, developing close relationships with coaches and teammates and having someone there to pick you up when you're down."