



# Lancer Wrestling Club

## PARENT CODE OF CONDUCT

- Treat wrestlers, other parents, coaches, and referees with the utmost respect at all times.
- Be a positive role model. Be gracious in victory and accept defeat with dignity: display emotional maturity.
- Use positive encouragement to increase confidence and build self-esteem in your children and foster a respect and appreciation for the sport of wrestling.
- Encourage your children to develop good practice and match habits in an effort to continually improve their skills.
- Foster the development of good character by teaching, enforcing, advocating, and modeling high standards of ethics and sportsmanship.
- Do not force your child (children) to wrestle, but support their desire to be part of LWC. Children are involved in organized sports for THEIR enjoyment. Always make it FUN.
- Encourage your children to learn the rules of wrestling and abide by them at all times.
- Recognize the time and effort put in by volunteer coaches. Communicate with and support them in anyway that you can.
- Respect the facilities where we train and wrestle at.
- Do not wear, or allow your child to wear, street shoes on wrestling mats for any reason.
- Arrive at tournament weigh-in on time, with your child's IKWF card.
- Attend all tournaments in which your child participates. Realize that the coaches are there for coaching, not for supervision in between matches. If parents cannot attend a tournament, arrangements should be made for a responsible adult to attend in the parent's place.

I have read and understand the above LWC Code of Conduct and understand that it is my responsibility to provide positive support, care, and encouragement for my child. I also understand that violation of this code of conduct could result in my being forbidden from attending any meets or practices.

---

Parent Signature

---

Date

---

Parent Signature

---

Date